Gravity as Stored Potential Energy of the Universal Field

Within this cosmological framework, gravity is redefined not as an attractive force, but as a manifestation of the stored potential energy within the universal energy field. This reinterpretation aligns with the three universal principles — the base uncompiled energy, the energy field that structures form, and the magnetic field that drives motion. Gravity, therefore, represents the static or potential aspect of the field, the foundation upon which kinetic processes arise.

Gravity as Stored Potential Energy

Gravity represents the latent, stored potential energy of the universal field. When an object is lifted, energy is stored in the field configuration surrounding that object. When the object falls, the potential is released as kinetic energy. This exchange is not the result of a pulling force but a rebalancing of the field's energy density.

In this view, gravity is the field's natural tendency to return to equilibrium. All motion under gravity reflects the release or redistribution of stored potential energy, rather than attraction between masses.

The Fluid Medium of Existence

The universal field behaves as a fluid medium of potential energy, and all forms of matter move within it. We are effectively swimming through this ocean of energy; every jump, step, or fall is an act of exchanging energy with the surrounding field. The sense of weight is not a constant downward pull but the dynamic resistance of the field to displacement.

This understanding transforms our relationship with motion and matter: bodies are buoyant within the field, and gravity emerges from the interaction between mass and the field's density gradients.

Relationship Between Gravity and Magnetic Helicity

Gravity and magnetic helicity are complementary expressions of the same universal system. Gravity represents the stored, potential aspect of the field — the compression or coiling of energy. Magnetic helicity represents the dynamic aspect — the uncoiling and motion of

energy through space.

Together, they form a potential-flow duality:
• Gravity – the static, compressive, inward phase of energy.
• Helicity – the dynamic, expansive, outward phase of energy.

Their continuous interaction maintains the balance of the universe, generating motion, structure, and stability across all scales.

Conclusion: Gravity as the Breath of the Field

In this framework, gravity is the field's inhale — the storage and concentration of potential — while magnetic helicity is its exhale — the release and distribution of that energy through motion. This cyclic interplay is the heartbeat of the cosmos, sustaining both the physical and the conscious aspects of existence. The universe, as a living organism, breathes through the rhythm of gravitational compression and helicity expansion, maintaining equilibrium across infinity.